

Creighton

THERAPY AND WELLNESS

Occupational Therapy,
Physical Therapy, Speech Therapy







Omaha, NE

- Home to college world series
- Nightlife includes concerts, sporting events, downtown old market, night clubs, biking & running trails and various outdoor activities.
- Top ranked Zoo
- Metro area population is over 900,000



Creighton University Physical Therapy Residency Programs

- Orthopedic
- Geriatric
- Neurologic
- Pediatric
- Sports
- **Women's Health**

Program Details



- **12 month program** starting August 1, 2026 and ending July 31, 2027
- **One on One clinical mentorship** by Women's Health Board-certified Clinical Specialists
- Self-paced **advanced curriculum** in the area of Women's Health with **curriculum mentorship**
- Average of **30 clinical hours per week**
- Patient population: **All genders across the life span from age 2-102 for any bowel, bladder, pain or sexual dysfunction. Pregnancy, post-partum, post cancer and lymphedema**

Program Details

- Salaried employee at Creighton University
- Eligible for health benefits
- Paid time off
- Professional Education Funds
- No tuition costs
- Eligible to apply for the **WCS exam** after graduation



Unique Qualities of Creighton Residency

- Weekly **Common Curriculum** with PT residents and OT fellows
- **Scholarly Project**
- Certification through the **APTA Basic Clinical Instructor Credentialing Course**
- **Teaching opportunities**
 - Guest lecturer in the DPT program
 - Co-teach a journal club for DPT students
 - Women's health specialty track
- **Community engagement and Service Opportunities**
- **Lab assistant** to our DPT program
- Surgery and special testing **observation opportunities**
- **Average educational hours 8-10 per week**



Residency Outcomes

- 100% completion rate for residency
- 100% pass rate for ABPTS Women's Health Specialty Board Certification Exam
- Published Journal Articles
- CSM Platform/Poster Presentations



- **One resident accepted per cycle**
- Application deadline is **December 15, 2025**
- In person interview on **January 23, 2026**
- Program start date, **August 1, 2026**





Questions?

Kari Bargstadt-Wilson, PT, MPT

- Board Certified Women's Health Clinical Specialist
- Certified Strength and Conditioning Specialist
- Creighton University Women's Health Physical Therapy Residency Director
- Academic Coordinator of Clinical Education, Creighton University Dept. of Physical Therapy

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