



Atrium Health

Women's Health & Pelvic Physical Therapy Residency

Start Date: January 6, 2026

Positions Available/Program Length

- Accepting 3 residents/year (salary-based compensation + full benefits, no tuition fees)
 - 1 located in Charlotte, NC
 - 1 located in Winston-Salem, NC
 - 1 located in Rome, Georgia
- In the process of adding an additional fourth site for 2027 in Milwaukee, WI
- ~12 months in length (January – December)
- Possible opportunities for employment starting summer/fall before matriculation on PRN/Float status

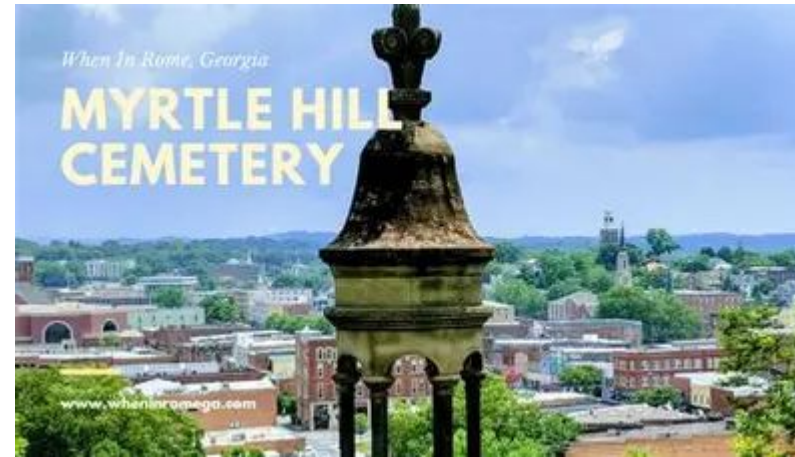
Location – Charlotte, North Carolina



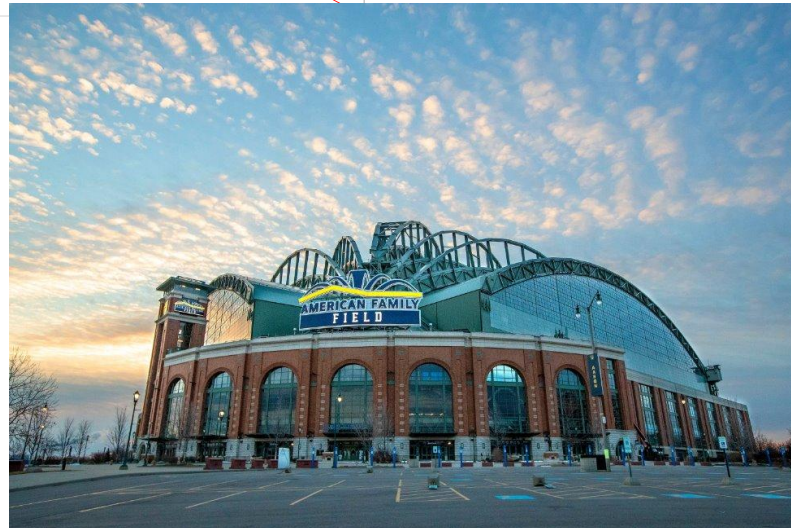
Location – Winston-Salem, North Carolina



Location- Rome, Georgia



Milwaukee, Wisconsin



Schedule

Day	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Clinical	4 hours didactic/shadow	Clinical	Clinical	Clinical
PM	Clinical	Clinical	4 Hours 1:1 mentoring	Clinical	Clinical

- 32 hours of independent clinical caseload with access to on-site mentor
- 4 hours of educational content (didactic, shadow, self-study, etc.)
- 4 hours of 1:1 mentorship with residency faculty
- Full-time salaried employee with full benefits (PTO, CEU funds, insurance)

Curriculum

- January** ● Orientation, Clinical Reasoning, Foundations
- February – April** ● Module 1: Pelvic Floor 1
- May – June** ● Module 2: Lymphedema & Oncology
- July – August** ● Module 3: Orthopedic
- September – November** ● Module 4: Special Populations
- December** ● Final projects, assessments, and prepare for WCS

Special Projects

- Case Study
 - Designed to submit for publishing to an appropriate journal (women's health, sports, neuro etc)
- Capstone Project
 - Designed to best fit the needs of our patients and benefit the system to improve patient outcomes and resources
- Community service hours

Program Mission



Atrium Health

 Doctors  Locations  Appointments  Get Care Now  Payments  News  Giving  MyAtriumHealth

Our Mission Statement, Vision and Culture Commitments

Our Mission: To improve **health**, elevate **hope** and advance **healing** – for all.

Our Vision: To be the national leader for health, learning & community.

What Makes Us Unique?

Acute Care Setting Exposure

Subject Matter Experts to align didactic with clinical

CLT from Norton

Resident Cohort (sports fellowship & residency, orthopedic/neuro/oncology residencies, more to come)

Variety of shadowing opportunities (i.e. dance medicine clinic, surgery, urogyn)

Academic learning health system (Wake Forest School of Medicine)

Advocate Health: 5th largest not for profit system in the country – allows us to retain and place graduates from the program (WI, IL, AL, GA, SC, NC)

Timeline – January start date

Application

- Applications through RF-PTCAS Portal
 - Applications Due: 1/16/2026 (January 2027 cohort)
- Website:
 - [Women's Health Physical Therapy Residency | Atrium Health Carolinas Rehabilitation and Atrium Health Wake Forest Baptist](#)

Questions?

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